



Empowering
W O M E N

Sunday, April 28, 2013
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THE WORLD NEXT DOORSM



Welcome to the first live-studio-audience recording of **Empowering Women's TV Talk Show Series.**

Over the past three years **Empowering Women's** Executive Producer and Creator, "*Twinkle*" Marie Manning, has worked with industry professionals throughout the Nation to cultivate a platform that illuminates and addresses the issues most important in women's lives.

The medium of video has been prominent in her endeavors, and she has used it to document the stories and wisdom of women from Massachusetts to Florida to California.

In 2012 she assembled a personal Guidance Council consisting of women from across America to solicit their perspectives, opinions and advice about the direction in which to take her **Empowering Women** project. It soon became apparent that her original vision of a multi-media vessel that connects women in-person and via a variety of media formats including: television shows and documentaries; articles and publications; live events and community forums; and an online website that will house blogs, expert advice, connection to resources, interaction between members, and of course video content.

What has emerged is the embodiment of this vision.

Today's event marks a milestone. It is as much a Gratitude Party as it is a Launch Party. "*Twinkle*" and her team have worked tirelessly to weave together an event that highlights the various aspects of the **Empowering Women Movement**. **In June 2013 the interviews and segments you see today will begin to air Nationwide and the website will become fully functional.** www.EmpoweringWomenTV.com

The last page of this Program lists the Order-of-Events. It also contains information about distribution and how to join the Empowering Women Movement.

Together we Stand Up and Step Forward!

Hosted by:



Empowering Women Production Team:

Production Collaboration

LexMedia

CCTV

Lumiere Video Portraits

TV for Your Soul

Marketing Director

Cynthia Ellis

Filming Director

AJ Muffett

Production Assistants

Erin Diskin, Raquel Ledger

Lois Suarez & Lana Bastianutti

Photographer

Pierre Chiha

Volunteer Director

Jamie Balint

www.EmpoweringWomenTV.com



Known to friends as "Twinkle" Marie Manning is a freelance writer, published author, event and television producer.

Twinkle founded TV for Your Soul and spearheads the Empowering Women Project.

She is passionate about creating solutions that cause happiness and well-being for all involved. Frequently, Twinkle posts announcements about her work and links to her writing on her personal website.

Executive Producer/Creator:

"Twinkle" Marie Manning

www.TwinklesWorld.com

TwinkleManning@gmail.com

(760) 889-5428



Marketing Director:

Cynthia Ellis

Cynthia is the Marketing Director for Empowering Women. Her expertise in publicity and community relations are a tremendous asset to the Empowering Women Movement. In addition to working directly with clients, Cynthia leads the growing team of Marketing Representatives in other Empowering Women locations.

celliscom@comcast.net

(978) 505-0749



Empowering Women Special Guests



Anita Diamant

Beloved author of best selling novel: The Red Tent, Anita Diamant has penned numerous guidebooks to Jewish life and lifecycle events. Her writing career began in Boston in 1975. As a freelance journalist, she contributed to local magazines and newspapers, including the Boston Phoenix, the Boston Globe, and Boston Magazine, branching out into regional and national media, with articles in New England Monthly, Yankee, Self, Parenting, Parents, McCalls, and Ms.

Anita's features and columns covered a wide variety of topics, from profiles of prominent people and stories about medical ethics, to first-person essays ranging from politics, to popular culture, to pet ownership. She also wrote about Jewish practice and the Jewish community for Reform Judaism magazine, Hadassah magazine, and jewishfamily.com. A collection of her essays appears in the book, Pitching My Tent: On Marriage, Motherhood, Friendship and Other Leaps of Faith.

Her new novel, Day After Night, returns to the land of The Red Tent to tell the stories of women who lived through the Holocaust and await the future in a British internment camp. It is a story of loss, hope and courage set in the days before the founding of the state of Israel.

Anita is the Founding President of Mayyim Hayyim Living Waters Community Mikveh.

www.mayyimhayyim.org
www.anitadiamant.com



Dr. Suzanne Koven

Suzanne Koven M.D. is a primary care internist and writer. Her column "In Practice" appears monthly in the Boston Globe and her blog by the same name appears weekly at Boston.com. Her interview column, "[The Big Idea](#)" appears at The Rumpus. She has also contributed essays and reviews to The New England Journal of Medicine, The Rumpus.net, Psychology Today, Boston Globe Books and other publications. She is the author of [Chicken Soup for the Soul: "Say Hello To A Better Body!"](#) released May 22, 2012. The book is unique blend of inspiring stories and health information for women over 50.

www.suzannekovenmd.com



Joyce Kulhawik

Joyce Kulhawik has been an integral part of New England's cultural landscape since joining WBZ-TV (CBS Boston) in 1978 as an associate producer and on-air tipster for "Evening Magazine." From 1981-2008 Joyce was the station's Arts and Entertainment Anchor/Critic covering local and national events from Boston and Broadway to Hollywood, and played a key role in the station's Emmy award-winning public service campaign, "You Gotta Have Arts!" She has regularly reported live from the red carpet at major awards shows including the Oscars, the Grammys, and the Emmys. Joyce is a cancer survivor and a women's empowerment advocate.

www.joyceschoices.com

Empowering Women Special Guests Continued...



Stephanie Bennett Vogt

Teacher, author, and internationally-known expert in space clearing, Stephanie Bennett Vogt brings over 35 years of experience to her inspirational clearing programs, consultations, and writing. Her book, "Your Spacious Self" offers nourishing lessons in slowing down, simplifying, and self-care, this unique guide shows you how to clear your home, quiet the mind, and restore your spirit.

www.spaceclear.com



Ellen Spencer

A longtime environmental activist and published poet as well as an artist, Ellen Spencer creates paintings that explore the themes of femininity, celebration of life and dance, spirit and the environment.

www.ellenspencer.com

Join the Movement... Television... Blogs... Webinars...



Grace Ventura

Grace Ventura is the Founder of Mother-Daughter Roadmap: Pathways to Sacred Relationships. As a Mother-Mentor, Transformational Life Coach, Healer, Yoga Instructor and Mindful Mama of six children ages 17-28, Grace feels she has a deep calling to work with women in their relationship to Mother. She teaches Self Care & Mother-Daughter Workshops and has lead Intensive Transformational and Meditation Retreats throughout the USA and in India, Mexico and Greece.

www.graceventura.com

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www.EmpoweringWomenTV.com

Empowering Women BOSTON Hosts



Suzanne Roth, MSN, APRN-BC, RNC is a Women's Health and Adult Primary Care Nurse Practitioner. She received her Bachelor of Science in Nursing from SUNY College of Technology in Utica, NY and her Master of Science in Nursing from Simmons College in Boston. Suzanne's professional career merges several years of practice in male and female sexual health with sixteen years of male and female urological concerns beginning at Massachusetts General Hospital in Boston.

Formerly of The Berman Center in Chicago, Suzanne has a specialty focus and expertise in the area of female sexual health and menopause transition management. Suzanne is currently in private practice in Boston, Massachusetts specializing in the use of bioidentical hormones to treat menopausal and sexual health concerns of women throughout the United States.

www.menopauseandsexualhealthcare.com



Patricia Hopkins, M.D. is board-certified in both the specialties of rheumatology and internal medicine and has been in private practice in Quincy since 1986. She is affiliated with South Shore Hospital and Beth Israel Deaconess Medical Center- Milton Hospital and serves as Division Chief of Rheumatology at Quincy Hospital. Pat earned her medical degree from Dartmouth Medical School. Active in organized medicine, she is the Massachusetts state representative for the American College of Rheumatology and a co-founder and board member of the Massachusetts/Maine/Vermont Rheumatology Association.

She is also a member of the Massachusetts Medical Society's House of Delegates, its governing body, and serves as a member of its Committees on Legislation and Information Technology. Pat was honored with the Massachusetts Medical Society 2012 Clinician of the Year Award Norfolk South District.



Suzy Spivey, Life & Career Coach. who brings commitment, purpose, and an infectious enthusiasm to her coaching, speaking, and dance workshops. She has 20+ years of corporate experience in marketing, editorial, product and sales management. Her specialties include: developing marketing plans, creating a vision, writing marketing collateral, public relations, strategic planning, contract negotiation, product management, sales and sales management, coaching. Suzy has taught at the Omega Institute and Kripalu Center for Yoga & Health. She joins Empowering Women cast as a seasoned television personality as the host and producer of “Daring to Dream” television show based out of Belmont, MA.

www.suzyspivey.com



Christine Lucas, HHC, AADP, is an energetic and inspirational holistic lifestyle expert. She is a Certified Holistic Health and Nutrition Counselor, a Certified Living and Raw Foods Chef, a Certified Hippocrates Health Educator, as well as a lecturer and writer. She founded Complete Mind and Body - Holistic Health and Nutrition, a private counseling practice in 2006. Her approach is non-conventional, powerful and effective. She guides her clients in finding more energy and balance in their lives through both food and lifestyle. Christine is the newest member of the Empowering Women BOSTON team, but has earned her television stripes as the host of one of Insiders Health’s healthy lifestyle shows: “Complete Mind and Body.” www.completemindandbody.com



Chew-Hoong Koh, Law of Attraction Facilitator, has a myriad of talents she brings to Empowering Women. She is a business systems analysis and a law-of-attraction expert. Her fields align perfectly as the scientific approach to both modalities combine to create simplify complex issues. Chew-Hoong’s approach to community building is unique and elastic. She brings groups together to experience and implement life enhancing actions. Chew-Hoong has been a guest host on TV for Your Soul’s “Body, Mind & Spirit” TV Show for the past three years and is a core part of our Empowering Women team. www.meetup.com/lawofattraction-us

Featured Supporters



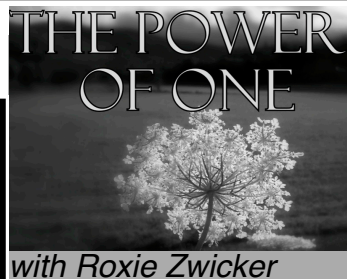
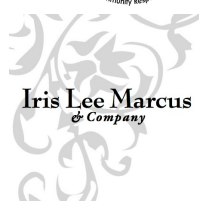
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Domestic Violence
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Another Amazing Woman to Know About!



Anna Huckabee Tull is an award-winning Singer-Songwriter/Composer and also an accomplished Life Coach & Psychologist. She enjoys what has to be one of the world's most fascinating, unique and uplifting professions: telling the stories of our lives through song! People from all over the planet commission Anna to create original, one-of-a-kind songs of love, growth, loss, birth, and celebration, to honor some of life's most meaningful passages. With 5 national albums to her credit, Anna's commissioned works have been performed live by villagers in Africa,

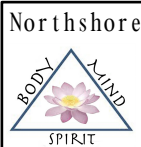
by children's choirs from Australia to Singapore, at weddings, christenings and Services of Remembrance throughout the US and beyond. Her works have been broadcast on talk shows, radio programs, and on Anna's very own TV Special: An Evening of Songs and Stories with Anna Huckabee Tull. And, perhaps most importantly, her songs have been bravely shared in living rooms just like yours, where one amazing person who cares, dares to share a song with one other—composed just for them. Last October Anna unveiled a new song: "Home" composed specifically for TEDxWaldenPond at Emerson Umbrella.

www.CustomCraftedSongs.com

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For Your Soul



TED^xWaldenPond

x = independently organized TED event

Order-of-Events

Welcome - 3:00PM

**Empowering Women
Panel of Hosts**

**Pre-recorded excerpts of
interviews**

**Interview with Anita
Diamant**

Recognitions

Reception - 4:10PM



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**Distribution of
Empowering Women
Television Shows:**

First airing of Boston-area
episodes and events ("content")
are on Concord/Carlisle and
Lexington television stations:

~ LexMedia

~ CCTV

The content then airs throughout
Massachusetts towns from
Boston, Quincy, Falmouth, to
Brookline, Belmont, Revere,
Salem, Marblehead, Acton and
The Berkshires. Full list of
stations will be available online
when new website is launched in
June. We will place updates on
FaceBook page between now and
then.

Communities that will air
varieties of Empowering Women
content on a National level
include: Sedona, Santa Barbara,
San Diego, Monterey, San
Francisco, Seattle, Oahu, Austin,
Dallas and Fort Worth TX,
Vermont, Portsmouth, NH,
Portland, ME...and many more.
Essentially everywhere we have
an Empowering Women
associate, our content will air.

When the Empowering Women
website is upgraded, we will air
clips and full episodes online
((along with a full platform of
expert columns, blogs, advice,
tips, resources, events listings,
webinars, products, etc)).

**For more information about our
Empowering Women
Movement, or to enter for early
"Founding Member"
registration, contact:**

Kate@EmpoweringWomenTV.com

**For information on how to
sponsor or underwrite on a
National level, contact:**

Cynthia@EmpoweringWomenTV.com

**To join our team of hosts or
become a Charter
Ambassador or Guidance
Council Liason, contact:**

Twinkle@EmpoweringWomenTV.com

Special Thank You to our Empowering Women Volunteers:

- Jamie Balint
- Lana Bastianutti
- Raquel Ledger
- Erin Diskin
- Lois Suarez
- Jane Arthur
- Carolena Presto
- Ilse Plume
- Dianne Wesselhoeft
- Briana Mele
- Leslie Ackles
- Barbara Cruz
- Elise Supovitz
- Punam Mahajan
- Dale Ryder
- Lindsay Ryder
- Nanri Tenney

Wah Lum Kung Fu of Concord L.L.C.

Kung Fu



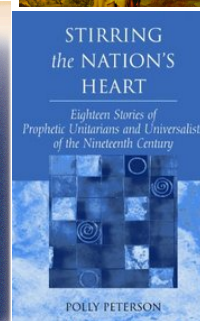
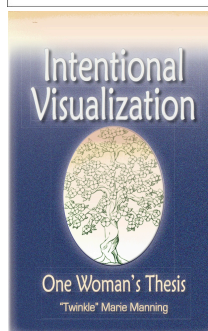
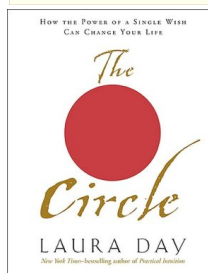
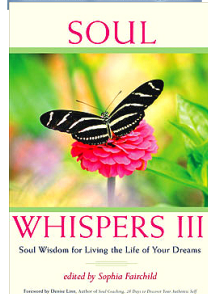
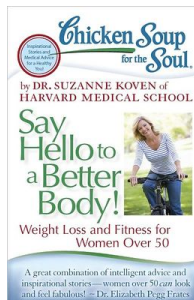
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